

# Packing list

Preparation is everything *...cycle happy!*

Day trip:



## **Bicycle accessoires**

- Lights
- Air pump
- Lock
- Bottle & bottle holder



## **Cycling clothing**

- Rain trousers
- Rain jacket or rainproof windbreaker
- Swimwear
- Cap



## **Hygiene & health**

- Personal toiletries
- Sunscreen
- Insect repellent



## **Tools & spares**

- Repair kit
- Multi tool



## **Miscellaneous**

- Sunglasses & case
- Camera & batteries
- Maps
- ID & cash
- Snacks
- Picnic blanket
- Cheerfulness :)